

Tuesday 4th November 2025

Dear Parents/Carers,

Bikeability course

We have recently been given an opportunity for **children in Year 5** to take part in a Bikeability course run by Outspoken Training in the late Spring of next year. The course will run during school time over two consecutive days, with each pupil receiving 7-8 hours of training. Day 1 is on the school playground and day 2 is on local, residential roads. **The course will take place on Monday 27th and Tuesday 28th April 2026 and is free of charge.**

Bikeability is the government's national cycle training programme. It helps children to learn practical cycling skills and to understand how to cycle on today's roads. Bikeability gives everyone the confidence to cycle and enjoy this skill for life, and is for all children who have mastered control of their cycle (It is not a learn-to-ride course.)

If you would be interested in your child taking part, please complete the attached consent form and **return by Friday 14th November 2025**. Places are limited and will be filled on a first-come, first-served basis.

To be eligible for a place, your child must have a bike of a suitable size for them which matches the safety criteria attached, along with a well-fitting safety helmet.

Thank you for your support.

Patrick Miles

Physical Education Lead