

5th December 2025

Dear Parents/Carers,

Active Lives Norfolk Sports Survey – Year 2

I am pleased to announce that our school has been invited to take part in some research around children's physical education and their attitude to sport, run by Active Lives – part of **Sport England**. This will help the organisation gain an insight into the activities which children take part in to help keep them active, and find ways to promote fitness and exercise further. As part of this, the children will be taking a few minutes in school to complete a short questionnaire (details are on the attached letter.) If you do not want your child taking part in this survey, please let their teacher know. The other part to the study is that they would really like the views of parents too.

As an incentive, they are offering our school credits for **£10 worth of sports equipment** for each parent who completes the survey! This means, if just one parent for each child completes this, we could earn credits worth over £600! As you can probably understand, this will help our school, and your child, a great deal! Please spend a few minutes completing the survey by using the QR code over the page. It could really make a difference!

You may be asked what activities your child has done recently. To help with this, the current PE topic is:

Gymnastics. Their previous topic this term was **Ball Skills**.

Each class also completes the Daily Mile every day – walking briskly for 10 minutes.

Thank you for your support. This could make a real difference to our school!

Patrick Miles - PE Lead

Please use the QR code on the back of this sheet to access the Active Lives Survey.

There is also additional information about Active Lives.