



## Activity ideas for you and your child to explore at home

### Language & Literacy

- Sing some rhymes together
- Share a story with your child - can they talk about what is happening in the pictures?  
Maybe you could create a 'story sack' - find some objects which relate to the story and put them with the book as props when sharing it together.
- Go on a listening walk and ask your child to tell you all the different sounds they can hear.
- Ask your child some questions about their day.  
What did you enjoy doing?  
Where did you go?  
Who did you see?
- Find a toy and ask your child to hide it in different places using words such as under, on, in, behind.  
Can you put it under the table?  
Can you put it in a box?
- Sort a group of objects in to 'big' and 'little'.



### Mathematical Development

- Practise counting forwards and backwards to 10
- Practise recognising numerals to 10 (this will become more appropriate as the year progresses)
- Sing some number rhymes such as '5 little ducks' or '5 little monkeys jumping on the bed'
- Can your child sort some objects according to colour or size?

- Look for some things around the home which are the shape of a circle, square, rectangle or triangle. Make sure these are flat shapes and not ones you can pick up.



- Give your child 10 objects to split between you and them. Who has the most objects? Who has the least?
- Look for numbers in the environment. Can you see a number on a bus or a front door when you are out for a walk?

### Physical Development

- Start with practising to put on their own coat and then progress to dressing and undressing independently.
- Practise washing and drying hands independently.
- Talk with your child about how they feel after doing exercise - can they talk about any changes to their body?
- Practise threading using objects from around the house such as pasta and string.
- Practise using scissors independently - start with snips on a piece of paper and progress to cutting along a straight line and then around a shape.
- Begin to copy letters from their name once they have a secure pencil hold.



### Understanding the World

- Go on a walk in the local area and talk with your child about what you can see. If your child does not have much language then explain what you can see as you walk to model appropriate vocabulary.
- Investigate how things change - maybe you could look at melting chocolate or ice together or explore how eggs change when they are cooked.



### Expressive arts and design

- Explore making different sounds by banging or shaking. Can you make your own musical instruments using materials such as old boxes and pasta or rice?  
Can you make loud sounds and quiet sounds? Fast and slow sounds?
- Use your instruments (this can be saucepans and a spoon!) to accompany you when you sing some songs together.
- Explore what happens when you mix colours together.
- Explore making marks with different materials - this could be anything from using sticks to make marks in the mud to painting with a brush.

