

# THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN



YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



# WEEK 1 MENU

W/C: 18/4, 9/5, 6/6, 27/6, 18/7, 5/9, 26/9, 17/10



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Cheese and Tomato Pizza</b> with potato wedges 🍃🌾	<b>Allegra's BBQ Chicken Burger Corn and Pineapple Relish</b> BBQ chicken breast burger with zingy corn relish	<b>Roast Chicken with Roast Potatoes and Gravy</b> Succulent roast chicken with fluffy roasties and tasty gravy	<b>Beef Meatballs in Tomato Sauce</b> 🌿	<b>Golden Fish Fingers and Chips</b> Crispy fish fingers and scrummy chips
Alternative Dish	<b>Burrito</b> A soft wrap filled with lightly spiced veggies and rice 🍃🍷🌾	<b>Macaroni Cheese</b> 🍃	<b>Quorn Roast</b> 🍃	<b>Quorn Hot Dog</b> 🍃 with Potato Wedges	<b>Quorn Dippers and Chips</b> 🍃 Crispy Quorn nuggets
Sandwiches	Ham or Cheese or Tuna or BBQ Chicken	Ham or Cheese or Tuna or BBQ Chicken	Ham or Cheese or Tuna or BBQ Chicken	Ham or Cheese or Tuna or BBQ Chicken	Ham or Cheese or Tuna or BBQ Chicken
Jacket Potato	Jacket Potato with a choice of fillings 🍷🍃	Jacket Potato with choice of fillings 🍷🍃	Jacket Potato with a choice of fillings 🍷🍃	Jacket Potato with a choice of fillings 🍷🍃	Jacket Potato with a choice of fillings 🍷🍃
Vegetables	Green Beans and Sweetcorn	Peas and Broccoli	Carrots and Cabbage	Broccoli and Sweetcorn	Baked Beans and Peas
Desserts	Raspberry Ripple Ice Cream	Secret Brownie	Shortbread Biscuit with Fruit Slices 🍏	Banana and Apricot Flapjack with Fruit Slices	Chocolate and Raspberry Swirl Cake

**SPRING/SUMMER 2022**



🍃 Vegetarian 🐟 Oily fish 🌾 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice



# WEEK 2 MENU

W/C: 25/4, 16/5, 13/6, 4/7, 12/9, 3/10



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**


**FRIDAY**

**Hot Main Dish**

**Cheese and Tomato Pizza**    
With Potato Wedges



**Pork Sausage**  
with Mashed Potato

**Roast Turkey with  
Roast Potatoes and Gravy**  
Succulent roast turkey with fluffy  
roasties and tasty gravy

**Beef Lasagne with a Garlic &  
Herb Bread Wedge** 



**Golden Fish Fingers and Chips**  
Crispy fish fingers  
and scrummy chips


**Alternative  
Dish**

**Chinese Veggie Noodles**    
with potato wedges

**Macaroni Cheese** 

**Quorn Roast** 

**Veggie Balls In Tomato Sauce**  
with Pasta  

**The Incredible Burger with Chips** 

**Sandwiches**

**Ham or Cheese or  
Tuna or BBQ Chicken**



**Ham or Cheese or  
Tuna or BBQ Chicken**



**Ham or Cheese or  
Tuna or BBQ Chicken**



**Ham or Cheese or  
Tuna or BBQ Chicken**



**Ham or Cheese or  
Tuna or BBQ Chicken**



**Jacket Potato**

**Jacket Potato**    
With a choice of fillings

**Jacket Potato**    
With a choice of fillings

**Jacket Potato**    
With a choice of fillings

**Jacket Potato**    
With a choice of fillings

**Jacket Potato**    
With a choice of fillings

**Vegetables**

**Carrot Sticks and Cucumber Sticks**

**Peas and Broccoli**


**Carrots and Cabbage**

**Green Beans and Sweetcorn**


**Baked Beans and Peas**

**Desserts**

**Vanilla Ice Cream**

**Peach Shortbread Pudding  
and Custard** 

**Raspberry Yoghurt Cake** 

**Fruity Chocolate Brownie** 

**Flapjack with Fruit Slices** 

**SPRING/SUMMER 2022**

# WEEK 3 MENU

W/C: 2/5, 23/5, 20/6, 11/7, 19/9, 10/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Hot Main Dish

**Cheese and Tomato Pizza**   
With Potato Wedges

**Hot Chicken Sandwich**  
with Potato Wedges

**Roast Chicken**  
with Roast Potatoes and Gravy  
Succulent roast chicken with fluffy  
roasties and tasty gravy

**Beef Burrito**   
A soft wrap filled with fresh beef  
and rice

**Southern Fried Chicken Tasters**  
Lightly seasoned crispy chicken  
strips and scrummy chips

## Alternative Dish

**Veggie Bolognese**  
Penne pasta in a yummy  
tomato sauce

**Macaroni Cheese**

**Quorn Roast**

**BBQ Veggie Burger**

**Quorn Dippers**

## Sandwiches

**Ham or Cheese or  
Tuna or BBQ Chicken**

**Ham or Cheese or  
Tuna or BBQ Chicken**

**Ham or Cheese or  
Tuna or BBQ Chicken**

**Ham or Cheese or  
Tuna or BBQ Chicken**

**Ham or Cheese or  
Tuna or BBQ Chicken**

## Jacket Potato

**Jacket Potato**   
With a choice of fillings

**Jacket Potato**   
With a choice of fillings

**Jacket Potato**   
With a choice of fillings

**Jacket Potato**   
With a choice of fillings

**Jacket Potato**   
With a choice of fillings

## Vegetables

Peas and Carrots

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

## Desserts

Strawberry Ice Cream

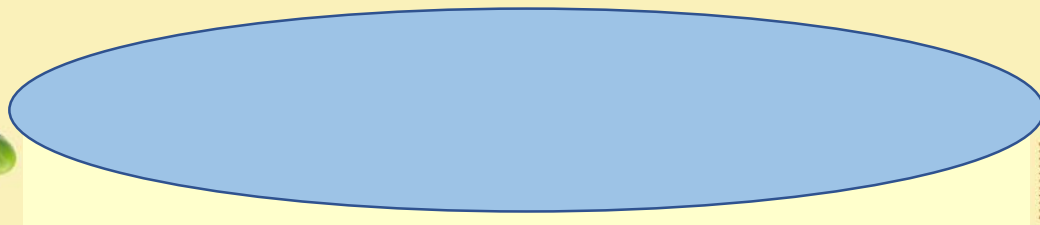
Apple and Carrot  
Yoghurt Muffin

Berry Flapjack  
with Fruit Slices

Chocolate Slice

**Cheese & Biscuits Soft Cheese  
Portion**

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Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice