



PSHE (Life Skills) Policy

Reviewed by A. Ingham
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Norwich Road Academy LIFE SKILLS Curriculum Intent. and Policy

Intent

At Norwich Road Academy it is our intention to enable our pupils to develop the knowledge, skills and attributes necessary to keep themselves healthy and safe both now and in the future. It is our intention that our pupils will be emotionally equipped to navigate and make positive, healthy life choices.

Following staff and child feedback, we have decided to teach Personal Social and Health Education (PSHE) under the banner of 'Life Skills.' Our hope is that this title will be more relevant to the children who had previously not understood what PSHE represented.

At our academy, it is our vision that quality first teaching in Life Skills will have a positive impact on the life chances of all pupils and in particular our most vulnerable and disadvantaged children.

In our school we are fortunate to experience a rich diversity of cultures and backgrounds; our pupils will demonstrate respectful curiosity, understanding and tolerance of others.

By embedding our Academy's Ethos and Values throughout our academy life – not just during Life Skills lessons – pupils will develop good citizenship skills.

Norwich Road Academy staff teach British Values through:

- daily assemblies which support our Ethos & Values and develops mutual respect for and tolerance of those with different faiths and beliefs and for those without faith;
- raising money for charities throughout the year;
- the consistent implementation of a positive behaviour policy;
- using a democratic process to select an active and engaged School Council.
- pupils have a wide selection of clubs and activities that they can choose to join. And the language of choice is used throughout the school - supporting individual liberty.

At Norwich Road Academy we see Life Skills as being at the centre of all we do as an inclusive school. We incorporate Life Skills aims and goals within our school code of conduct and our academy values.

PSHE is a non-statutory subject; it is an important and necessary part of all pupils' education. All schools should teach Life Skills, drawing on good practice. This expectation is outlined in the National Curriculum.

Through our curriculum, our values and our school ethos we promote self-esteem and emotional well-being. We enable our pupils to form and maintain healthy, worthwhile and satisfying relationships based on respect for themselves and others at home, school and in the community.

Aims

To promote and celebrate the mental, physical, moral and cultural development of pupils within our academy and in society,

To prepare pupils within our academy for the opportunities, challenges, responsibilities and experiences of later life.

Objectives

To empower children at Norwich Road Academy to:

- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues and be able to manage risk including Harmful Sexual Behaviours;
- Understand what makes good relationships with others;
- Have respect for others regardless of race, gender, age, sexuality and mental & physical differences;
- Be an independent and responsible member of our academy;
- Become a positive and active member of a democratic society;
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues;
- Develop good relationships with other members of the academy and the wider community and
- Incorporate and embed the Norwich Road Academy Ethos and Core values into their own philosophy.

Roles and Responsibilities

The PHSE (Life Skills) Lead will:

- enable and empower staff to have the necessary skills, confidence, knowledge and resources in order to deliver effective Life Skills.
- ensure that the resources used are relevant and appropriate to the needs of the children.
- lead on the evaluation of the Life Skills policy and programme
- review the Life Skills policy and curriculum intent.

Provision

Life Skills is delivered using resources developed and adapted in collaboration with the PSHE Association. The Life Skills lead has written a long term plan in line with our Core Ethos and Values. The plan incorporates the following components of Life Skills knowledge, skills and understanding:

Health and Wellbeing: Feelings and Emotions, Healthy Relationships, Valuing difference.

Living in the Wider World: Rights and Responsibilities, Environment, Money.

Relationships (including RSE*): Healthy Lifestyles, Growing and Changing, Keeping Safe.

*Norwich Road Academy have a separate RHSE policy.

Monitoring and reporting

The Senior Leadership Team and the Life Skills co-ordinator shall be responsible for monitoring the standards of children's work and the quality of learning and teaching. The Life Skills co-ordinator is responsible for collecting and collating evidence of Life Skills teaching and learning.

The Principal and the Life Skills co-ordinator will support colleagues in the teaching of Life Skills by giving information about the current development in the subject.

All staff will be responsible for evaluating strengths and weaknesses in the subject; indicating areas for development.

This policy is written in line with documentation available from the PSHE Association. Norwich Road Academy uses and adapts medium term planning and resources from the PSHE Association to deliver quality first Life Skills education.