



Norwich Road Academy

Physical Education Policy

Date of policy	February 2024
Member of staff responsible	H. Archibald
Review Date	February 2026

Physical Education at Norwich Road Academy

Intent

At Norwich Road Academy, we are passionate about raising sporting achievement and improving the health and well-being of all our pupils. Our aim is to deliver a high-quality PE curriculum, as well as offering a wide range of extra-curricular activities. Our school recognises the benefits high-quality PE provision and school sport can give to all pupils. We hope that, through all the sporting opportunities and physical activity we offer, the children will develop a love and passion for sport and continue this into their later lives.

As part of Eastern Multi Academy Trust, we foster strong values and build these across our curriculum. As such, our PE curriculum aims to encourage our learners to **work hard, be aspirational** and to **connect with their community**. Children should **be proud** of who they are and where they come from. We endeavour to provide opportunities for pupils to participate in competitive sports and activities both in and beyond the curriculum. This will mean that pupils have the opportunity to participate in regular competitive sport with each other and schools in the local area.

Our curriculum is inclusive to ensure that pupils of all abilities access the range of activities on offer and that they are physically active for sustained periods of time in order to encourage them to lead healthy, active lives.

PE will develop not only physical literacy and physical skills, but it will allow pupils to learn about themselves, the importance of a healthy, active lifestyle, self-expression and concepts such as fair play and respect. It will also contribute to the development of a range of important cognitive skills, such as decision making and analysis, and social skills such as teamwork and communication.

All of this will be supported by the Norwich Road values of:

- **Empower-Motivate-Aspire-Transform-Be Proud-Connect**

Objectives

At Norwich Road Academy, we want all children to:

- Develop competence to excel in a broad range of physical activities;
- Be physically active for sustained periods of time;
- Engage in competitive sports and activities;
- And lead healthy, active lives.

Implementation

Teaching PE at Norwich Road should be active, engaging and informative. We need to promote a healthy lifestyle and what we need to do in order to lead one. Following the Get Set 4 PE scheme, teachers are able to pitch their lesson at the appropriate level ensuring there is room for differentiation to cater for the more and less able.

PE Scheme

At Norwich Road Academy, we subscribe to Get Set 4 PE to ensure teaching is consistent across the school. It ensures teachers feel confident in delivering effective PE lessons which are pitched at the right level. Teachers are **empowered** to adapt the planning to suit the needs of the children in their class.

Swimming

All children in Years 3 and 4 receive swimming lessons. Children must get changed in separate cubicles and all jewellery must be removed. Girls are expected to wear a swimming costume; a bikini is not permitted.

Resources

We have a huge range of different sports equipment in school. This is mainly stored in the PE shed on the KS2 playground and the shed on the school field. Some indoor equipment is stored in the school hall. The equipment is continuously monitored to ensure we have what we need and it is of high quality.

PE Kit Expectations

All children are expected to wear a white t-shirt and black or navy bottoms for PE. Suitable footwear, such as trainers or plimsolls, should be worn for all types of PE with the exception of gymnastics, dance and yoga where footwear should be removed for safety reasons. In colder weather, tracksuit bottoms, hoodies and jumpers are permitted – these must be in the correct colours (black, navy or red). We have our own Norwich Road Academy branded PE kit which consists of a red hoodie and a white polo shirt. We encourage children to wear these but they are not compulsory. Staff have matching hoodies and black logoed polo shirts to promote smart PE kit to the children. On the days where the children have PE, they come to school wearing their kit. This ensures no time is lost in having to get changed.

Children with long hair should have it tied up and all jewellery should be removed. Covering earrings with tape is not permitted. A letter will be sent home to parents of children who are unable to take part in lessons due to wearing earrings. We want to ensure all children receive their curriculum entitlement for PE.

Children without kit

It is essential that children without PE kit are still involved in the lesson. They should be observing the other children, making notes on what they see or supporting the lesson in some way. For example: what the children did to warm up, which skills have they recapped, which new skills are being developed, the cool-down and individual children who have stood out in the lesson. There is a set form that has to be completed by children not participating.

Impact

Throughout the school, teachers will assess whether children are working towards/working at/working above the expected standard for their age. This will need to be completed after each unit of work. The judgement will be purely based on teacher judgement with the support of the objectives from our PE scheme.

Sports Premium

The Sports Premium money at Norwich Road Academy is used effectively to fund improvements to the quality of PE, physical activity and the sport we offer. Our aims are to engage pupils in regular activity, raise the profile of PE and sport, increase teachers' confidence in teaching PE, broaden children's experience of a range of sports and increase participation in competitive sport.

SEND and Inclusion

At Norwich Road Academy, we endeavour to meet the needs of all children, taking into account gender, ethnicity, culture, religion, language and disability. The provision for children with Special Educational Needs and Disabilities is detailed in the SEND Policy. Children with SEND are supported through additional or adapted resources, differentiated learning tasks, targeted adult support and interventions. Some children may need additional time or careful scaffolding to understand or complete a task.

Subject Leader

Subject Leaders at Norwich Road Academy will:

- Prepare and review subject policy and curriculum plans
- Promote the study of the subject throughout the academy
- Advise and support staff in the planning, delivery and assessment of design and technology;
- Monitor and evaluate the standards of children's work and the quality of teaching in design and technology throughout the school;
- Attend appropriate CPD and stay informed regarding developments within their subject
- Provide and evaluate learning resources
- Provide training and CPD to staff on the subject curriculum and its delivery, and keep them informed about subject developments nationally
- Assess the impact of the subject curriculum on pupil's learning and development

Monitoring and review

This policy will be reviewed by staff and governors at least every 2 years.