



Norwich Road Academy

PSHE Policy

Date of policy	September 2024
Member of staff responsible	A Ingham
Review Date	September 2026

Norwich Road Academy PSHE Policy (Life Skills)

Intent

Norwich Road Academy aims to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society. It is our intention that our pupils will be emotionally equipped to navigate and make positive, healthy life choices.

Following staff and child feedback, we have decided to teach PSHE under the banner of 'Life Skills.' Our hope is that this title will be more relevant to the children who had previously not understood what PSHE represented.

At our academy, it is our vision that quality first teaching in Life Skills will have a positive impact on the life chances of all pupils and in particular our most vulnerable and disadvantaged children.

In our school we are fortunate to experience a rich diversity of cultures and backgrounds; our pupils will demonstrate respectful curiosity, understanding and tolerance of others.

By embedding our Academy's Ethos and Values throughout our academy life – not just during Life Skills lessons – pupils will develop good citizenship skills.

Norwich Road Academy staff teach British Values through:

- daily assemblies which support our Ethos & Values and develops mutual respect for and tolerance of those with different faiths and beliefs and for those without faith;
- raising money for charities throughout the year;
- the consistent implementation of a positive behaviour policy;
- using a democratic process to select an active and engaged school council.
- pupils have a wide selection of clubs and activities that they can choose to join. And the language of choice is used throughout the school - supporting individual liberty.

At Norwich Road Academy we see Life Skills as being at the centre of all we do as an inclusive school. We incorporate Life Skills aims and goals within our school code of conduct and our academy values.

PSHE is a non-statutory subject; it is an important and necessary part of all pupils' education. All schools should teach Life Skills drawing on good practice. This expectation is outlined in the national curriculum.

Through our curriculum, our values and our school ethos we promote self-esteem and emotional well-being. We enable our pupils to form and maintain healthy, worthwhile and satisfying relationships based on respect for themselves and others at home, school and in the community.

Aims

To promote and celebrate the mental, physical, moral and cultural development of pupils within our academy and in society,

To prepare pupils within our academy for the opportunities, challenges, responsibilities and experiences of later life.

Objectives

To empower children at Norwich Road Academy to:

- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues and be able to manage risk including Harmful Sexual Behaviours;
- Understand what makes good relationships with others;
- Have respect for others regardless of race, gender, age, sexuality and mental & physical differences;
- Be an independent and responsible member of our academy;
- Become a positive and active member of a democratic society;
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues;
- Develop good relationships with other members of the academy and the wider community and
- Incorporate and embed the Norwich Road Academy Ethos and Core values into their own philosophy.

Implementation

Life Skills is delivered using resources from Kapow! This provides a long-term plan in line with our Core Ethos and Values. The plan incorporates the following components of Life Skills knowledge, skills and understanding:

The Kapow Primary scheme is a whole school approach that consists of three areas of learning in EYFS: Reception (to match the EYFS Personal, social and emotional development prime area) and five areas of learning across Key stages 1 and 2.

EYFS:

- Self-regulation
- Building relationships
- Managing self

Key stage 1 and 2:

- Families and relationships
- Health and wellbeing

- Safety and the changing body
- Citizenship
- Economic wellbeing

Each area is revisited to allow children to build on prior learning. The lessons also provide a progressive programme.

The plan incorporates the following components of Life Skills knowledge, skills and understanding:

Health and Wellbeing: Feelings and Emotions, Healthy Relationships, Valuing difference.

Living in the Wider World: Rights and Responsibilities, Environment, Money.

Relationships (including RSE*): Healthy Lifestyles, Growing and Changing, Keeping Safe.

*Norwich Road Academy have a separate RSE policy.

Our lessons are based upon the statutory requirements for Relationships and Health education, but our lessons go beyond these requirements (primarily in the Citizenship and Economic wellbeing areas) they refer to the PSHE Association Programme of Study which is recommended by the DfE. All classes keep Floor Books as ongoing evidence of the work completed in each lesson.

Our chosen scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

Impact

Each lesson within Kapow Primary's scheme features assessment guidance, helping teachers to identify whether pupils have met, exceeded, or not met the desired learning intentions for that lesson. Each unit of lessons comes with an Assessment quiz and Knowledge catcher. The quiz contains 10 questions, nine of which are multiple-choice and can be used either at the end of the unit or at both the start and the end to help measure progress and identify any gaps in learning. Teachers also complete a Distance Marking Grid after each lesson to maintain an ongoing assessment record.

SEND and Inclusion

At Norwich Road Academy, we endeavour to meet the needs of all children, taking into account gender, ethnicity, culture, religion, language and disability. The provision for children with Special Educational Needs and Disabilities is detailed in the SEND Policy. Children with SEND are supported through additional or adapted resources, differentiated learning tasks, targeted adult support and interventions. Some children may need additional time or careful scaffolding to understand or complete a task.

Subject Leader Responsibilities

- To enable and empower staff to have the necessary skills, confidence, knowledge and resources in order to deliver effective Life Skills.
- Subject Leaders at Norwich Road Academy will:
- Prepare and review subject policy and curriculum plans
- Promote the study of the subject throughout the academy
- Advise and support staff in the planning, delivery and assessment of PSHE ;
- Monitor and evaluate the standards of children's work and the quality of teaching in design and technology throughout the school;
- Attend appropriate CPD and stay informed regarding developments within their subject
- Provide and evaluate learning resources
- Provide training and CPD to staff on the subject curriculum and its delivery, and keep them informed about subject developments nationally
- Assess the impact of the subject curriculum on pupil's learning and development

Monitoring and reporting

The Senior Leadership Team and the Life Skills co-ordinator shall be responsible for monitoring the standards of children's work and the quality of learning and teaching. The Life Skills co-ordinator is responsible for collecting and collating evidence of Life Skills teaching and learning.

The Principal and the Life Skills co-ordinator will support colleagues in the teaching of Life Skills by giving information about the current development in the subject.

All staff will be responsible for evaluating strengths and weaknesses in the subject; indicating areas for development.

This policy is written in line with documentation available from the PSHE Association. Norwich Road Academy uses and adapts medium term planning and resources from the PSHE Association to deliver quality first Life Skills education.